



Washington Union School District

January 2023 Lunch Menu



Student lunch is free
 For questions regarding the Food Service program please call the District
 Office at (831) 484-2166

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess	Winter Recess ³	Winter Recess ⁴	Winter Recess ⁵	Winter Recess ⁶
 ⁹	WG Ham and Cheese Croissant ¹⁰ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Italian Sandwich ¹¹ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Turkey and Cheese Hoagie ¹² Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	Yogurt Fun Lunch ¹³ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
Martin Luther King Jr. Day ¹⁶	WG Ham and Cheese Croissant ¹⁷ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Italian Sandwich ¹⁸ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Turkey and Cheese Hoagie ¹⁹ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	Yogurt Fun Lunch ²⁰ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
WG Sunbutter and Jelly ²³ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Ham and Cheese Croissant ²⁴ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Italian Sandwich ²⁵ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Turkey and Cheese Hoagie ²⁶ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	Yogurt Fun Lunch ²⁷ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
WG Sunbutter and Jelly ³⁰ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	WG Ham and Cheese Croissant ³¹ Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk			

Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Fruit	Fruit	Fruit	Fruit	Fruit
1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk

Ingredients and menu items are subject to change or change to substitution without notice.

This institution is an equal opportunity provider. For a list of nutritionals please check www.salinascityesd.org.

