

# Washington Union School District


## September 2022 Lunch Menu

**SEPTEMBER**



Student lunch is free

For questions regarding the Food Service program please call the District Office at (831) 484-2166

Monday	Tuesday	Wednesday	Thursday	Friday
			1 <b>WG Turkey and Cheese Hoagie</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	2 <b>Yogurt Fun Lunch</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
5 <b>Labor Day</b>	6 <b>WG Ham and Cheese Croissant</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	7 <b>WG Italian Sandwich</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	8 <b>WG Turkey and Cheese Hoagie</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	9 <b>Ham and Cheese on Hawaiian Bun</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
12 <b>WG Sunbutter and Jelly</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	13 <b>WG Ham and Cheese Croissant</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	14 <b>WG Italian Sandwich</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	15 <b>WG Turkey and Cheese Hoagie</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	16 <b>Yogurt Fun Lunch</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
19 <b>WG Sunbutter and Jelly</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	20 <b>WG Ham and Cheese Croissant</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	21 <b>WG Italian Sandwich</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	22 <b>WG Turkey and Cheese Hoagie</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	23 <b>Ham and Cheese on Hawaiian Bun</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk
26 <b>WG Sunbutter and Jelly</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	27 <b>WG Ham and Cheese Croissant</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	28 <b>WG Italian Sandwich</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	29 <b>WG Turkey and Cheese Hoagie</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk	30 <b>Yogurt Fun Lunch</b>  Assorted Fruits and Vegetables 1% or Nonfat Chocolate Milk

## Breakfast

Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice
Fruit	Fruit	Fruit	Fruit	Fruit
1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk	1% or Nonfat Chocolate Milk

Ingredients and menu items are subject to change or change to substitution without notice.

This institution is an equal opportunity provider. For a list of nutritional please check [www.salinascityesd.org](http://www.salinascityesd.org).

